Manage Safety Across Generations

Iowa-Illinois Safety Council Networking Breakfast

Chris Murphy, CSP, CPCU, CRM, CIC

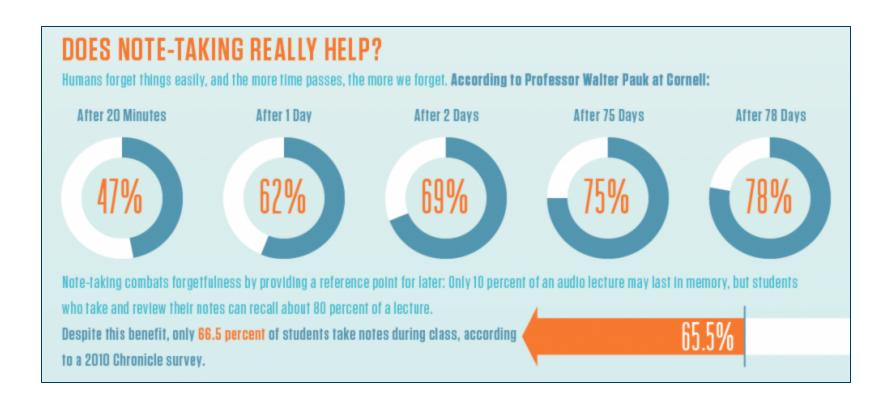
September 17, 2019



Presentation Déjà Vu



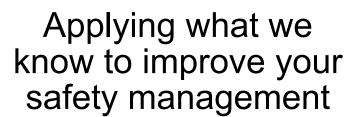
These Slides Are Available



murpc1@nationwide.com

Session Goals

Profiling the generations – similarities and differences



The Generations Defined

Greatest Generation

- Born: before 1928
- Age: 92+

Silent Generation

- Born: 1928- 1945
- Age: 74-91

Baby Boomers

- Born: 1946- 1964
- Age: 55-73





The Generations Defined

Generation X

- Born: 1965
 - 1980
- Age: 39-54

Millennial (Gen Y)

- Born: 1981
 - 1997
- Age: 22-38

Generation Z

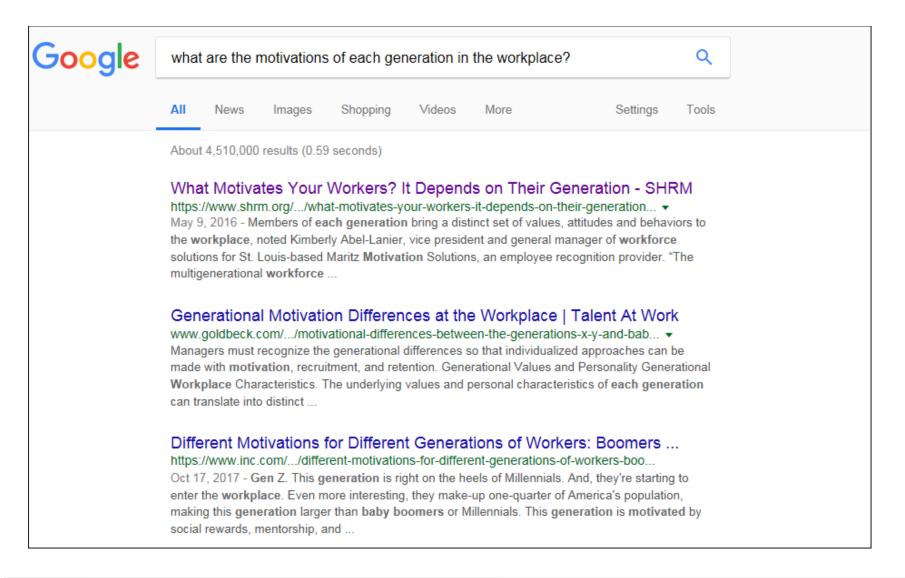
- Born: 1997
 and after
- Age: <22



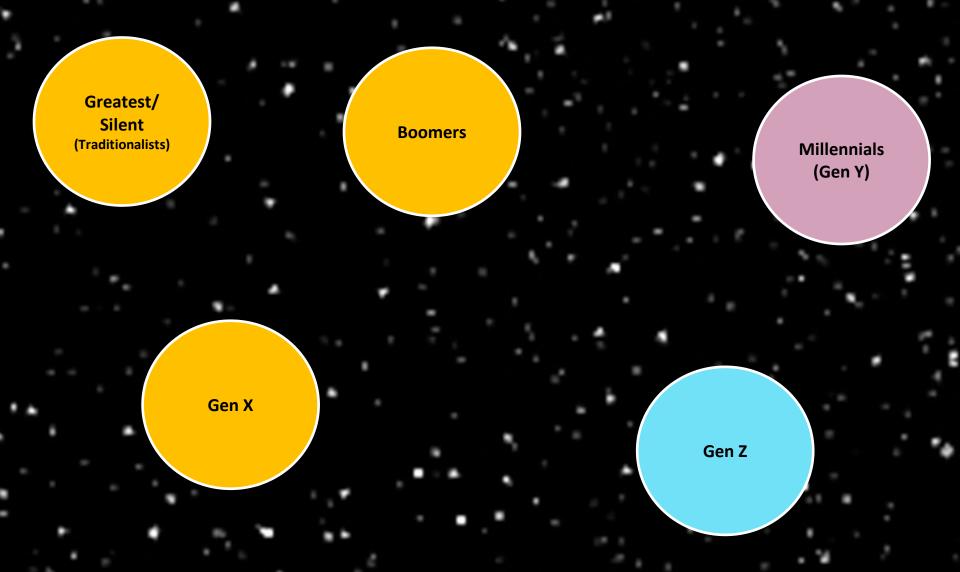




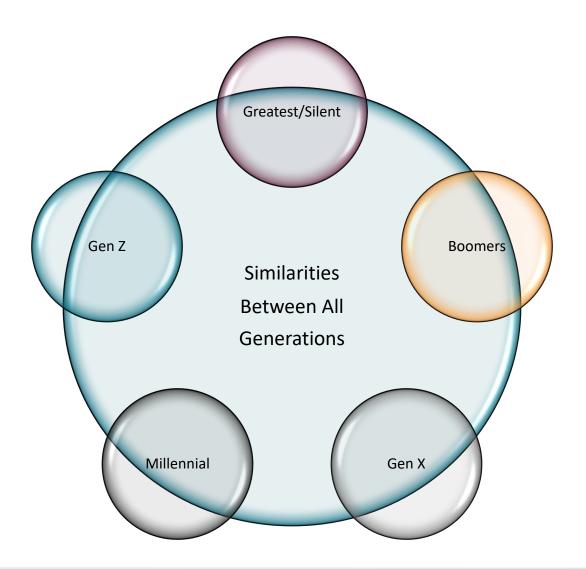
Want to Know More?



How the Generations are Portrayed



How the Generations Really Are



Generational Similarities

Like feedback & authenticity

Family important

Want to make an impact

Resistant to change (especially if not involved)

Want to learn

Want respect

Key Takeaway:

If you don't have time to focus on the differences, you can still be very successful by focusing on the similarities.

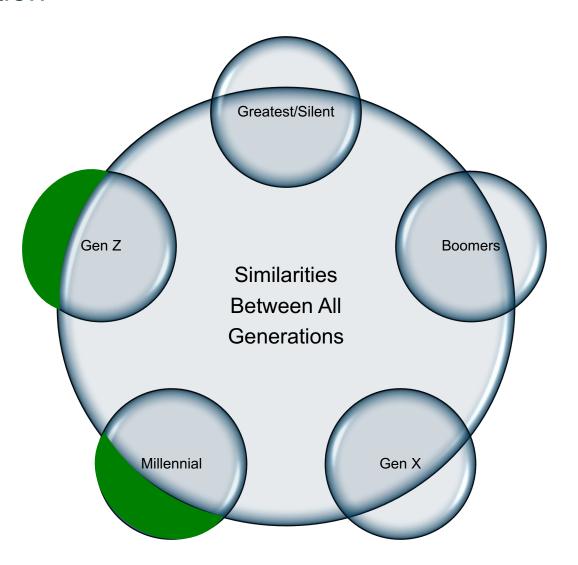
Focus of This Presentation

Key Insight:

Almost everyone seems to like learning and communicating in the ways the younger generations learn and communicate. We probably should have been doing it this way all along (to the extent it was technologically feasible).

In a word, we are just

SIMPLIFYING.



Critical Components of Safety Programs



Management Commitment

Written Program

Safety Committee

- Membership
- Meeting summaries

Written Program

- Not much change expected unless your organization requires your employees to read your written program
 - If so, aim for 8th grade reading level it helps everyone!

Neilsen Norman Group study: Started with an off-the-shelf pharmaceutical ad – hard to read due to all the legalese, caveats, and disclaimers.

Then had two groups of people — highly literate folks and those with lower literacy — read the ads and answer some questions.

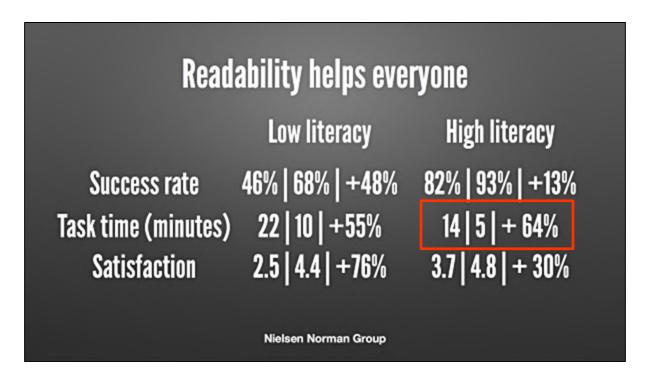
Unsurprisingly, the highly literate group outperformed those with low literacy on all three measures of success.

Readability helps everyone			
	Low literacy	High literacy	
Success rate	46%	82%	
Task time (minutes)	22	14	
Satisfaction	2.5	3.7	
	Nielsen Norman Group		

Neilsen Norman Group Study

Then they rewrote the ad to an 8th grade reading level: shorter sentences, shorter words and explanatory graphics.

Unsurprisingly, the low literacy group performed significantly better on the more readable ad. *The real surprise was with the highly literate group.*



Flesch-Kincaid Tool – Aiming for 8th Grade Level

Management Commitment and Employee Involvement

- Management commitment and employee involvement are complementary
- Management commitment provides the motivating force and resources for organizing and controlling activities within an organization
- Employee involvement provides the means through which workers develop and express their own commitment to s&h protection

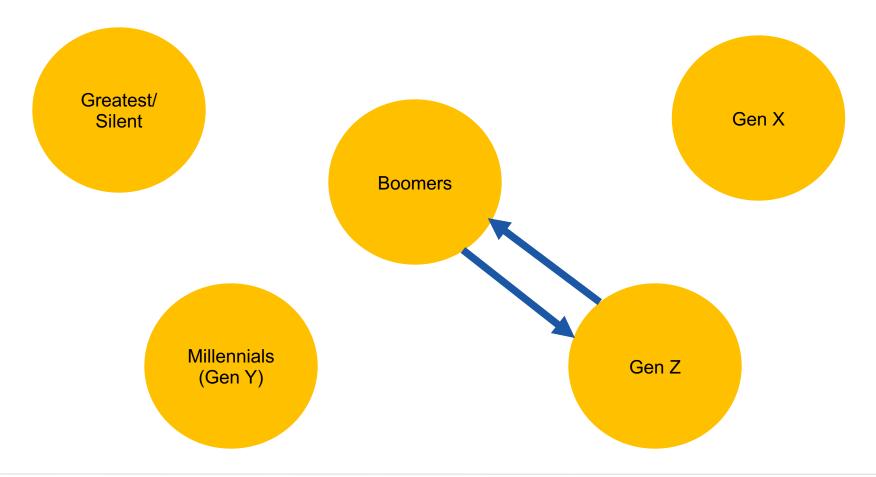
PowerPoint available for download from OSHA.gov

Readability Formula	Grade	Age
Flesch-Kincaid Grade Level	16	21
Gunning-Fog Score	19.9	
Coleman-Liau Index	24.7	16
SMOG Index	13.3	
Automated Readability Index	18	

https://www.perrymarshall.com/grade/ (also in some Office versions)

Safety Committee Involvement

- If not already represented by all generations, start as soon as you can
- Cross-training works both directions



Safety Committee Minutes – Keep It Simple

- Subheads will draw in readers.
 - Design for skimming subheads convert skimmers into readers
 - Be OK if they only read the bold subheads you're still ahead of them reading nothing!
- Choose an engaging writing style. Make it enjoyable to read.
 - Use shorter words and sentences.
 - Keep paragraphs short no more than 5 lines. Paragraphs are mental hurdles!
 - Use the active voice and first person.
 - Yes: We will be training all employees...
 - No: Employees will be trained by ABC Co....
- TED-ify your meeting minutes. Can you summarize in a single page?
 - If you need a lengthy version, supplement with the TED version.

Key Takeaway: Keep it simple. You'll catch more flies with honey than aspartame.

Critical Components of Safety Programs



Worksite Analysis

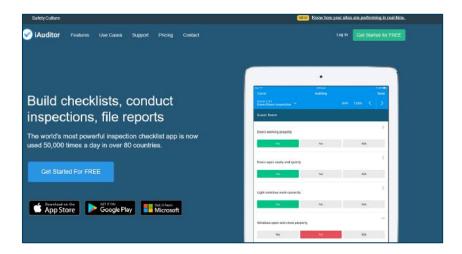
Workplace Risk Audits

Data-Driven Decisions

Electronic Safety Audits



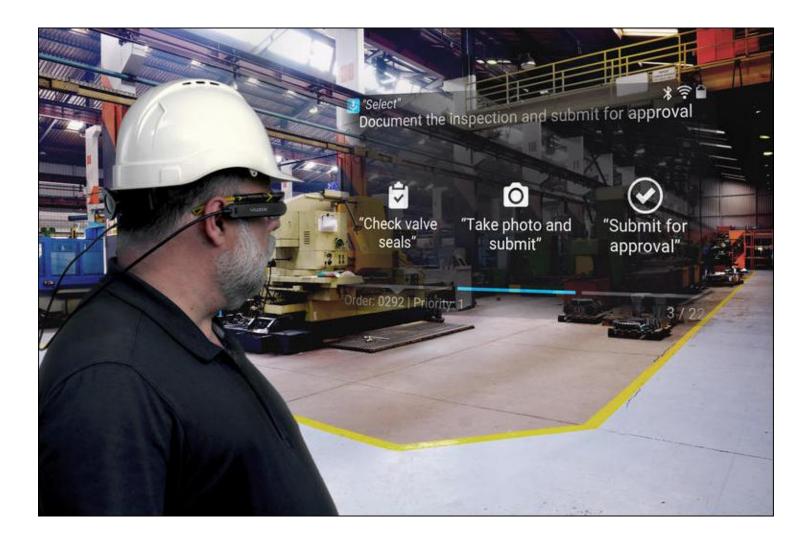




Paid versions also allow for data aggregation, trend analysis, etc.

www.safetyculture.com/iauditor

Wearables for Safety/Inspections



Benefits of Multiple Safety Auditors

Builds awareness

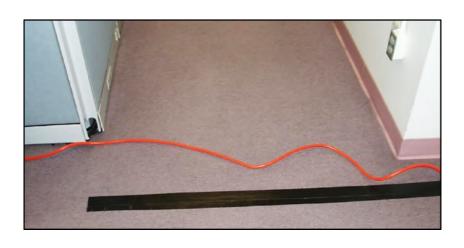
Learning while auditing, some of it is going to stick

Builds continuity

They see it again, they tell you about it

Builds commitment

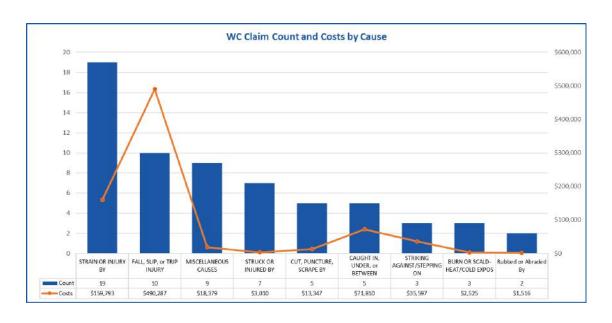
Less likely to contribute to an issue after knowing it is a hazard





Data-Driven Decisions – "Don't Be Afraid of Data"

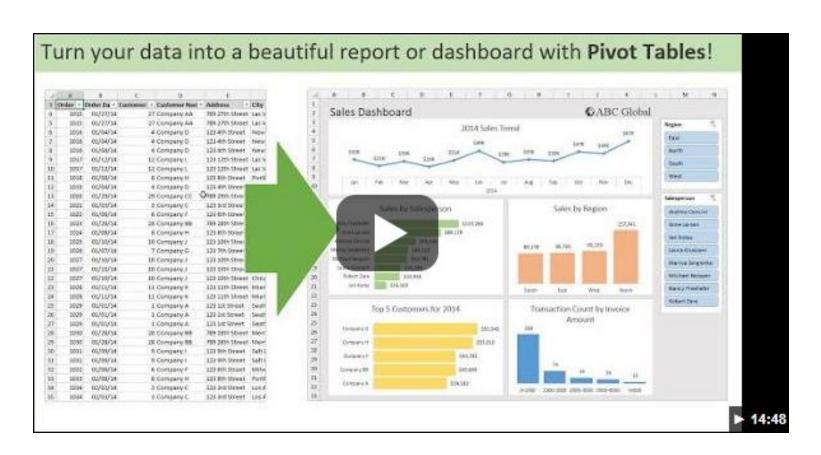
- Use data to drive decisions when possible hunches are good & facts are even better
 - Reactive works (using past results to predict your next accident)
 - Predictive is even better (wearables indicate presence of current risk)





Data Analysis 101 – For Free!

Watch YouTube videos on pivot table basics and you'll never fear big data again!



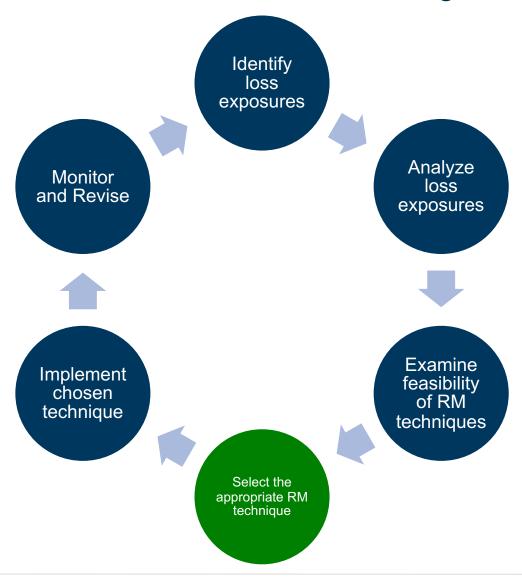
Key Takeaway:

Knowing what risks exist is still critical to a workplace safety program. The means of collection and use of the data is where the greatest leap will occur.

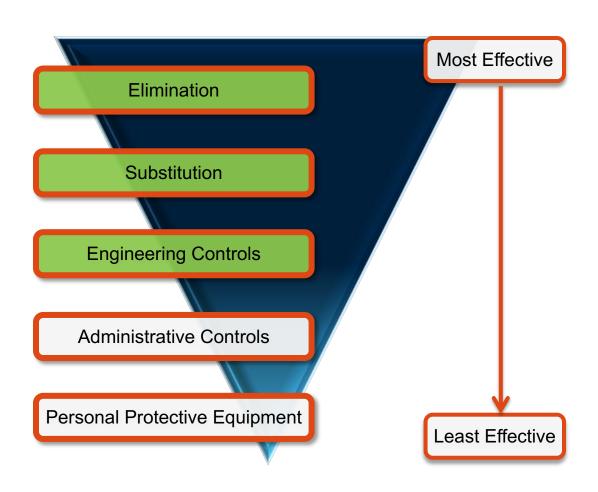
Critical Components of Safety Programs



Hazard Prevention and Control: Risk Management Process



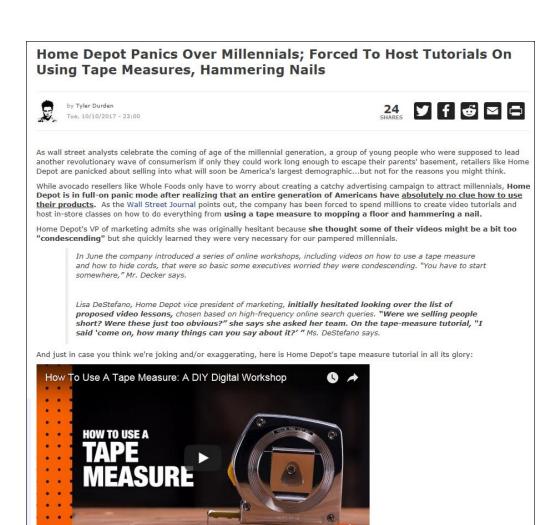
Stay Focused on the Top of the Hierarchy





Focus on Good Design Over Great Training

- Knowledge-based decision making is risky due to "common sense" not being as common
- Designing out the risk will always be preferable to training to make the risk "acceptable"
- Even your best boomer, knows the job better than anyone else, will suffer from a lack of focus at some point during the day.

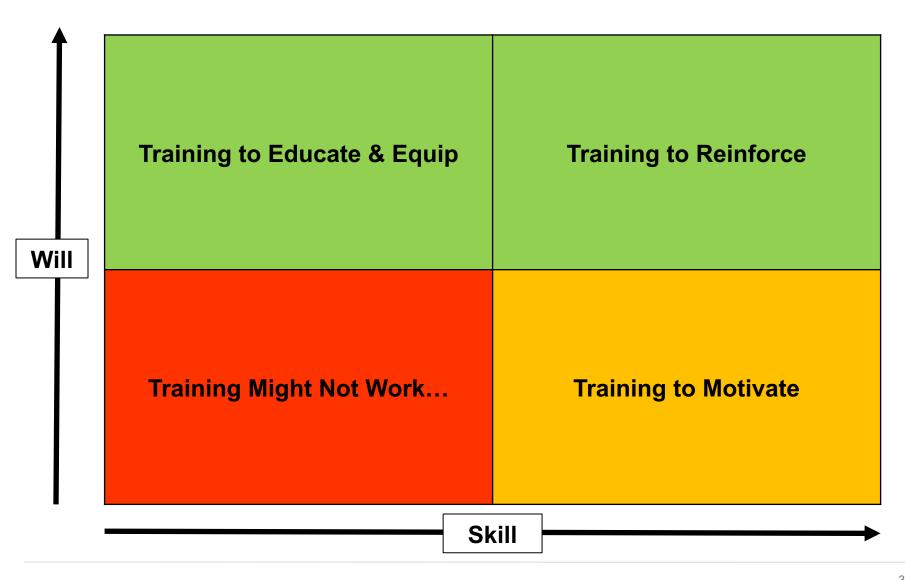


Key Takeaway: If you rely on "be aware of your surroundings" and "make good choices" as your risk control, see if you can aim higher on the hierarchy.

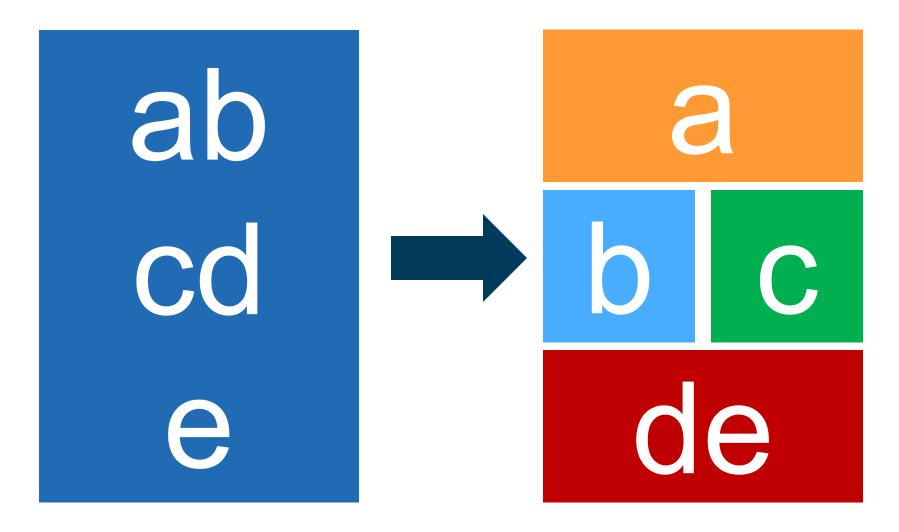
Critical Components of Safety Programs



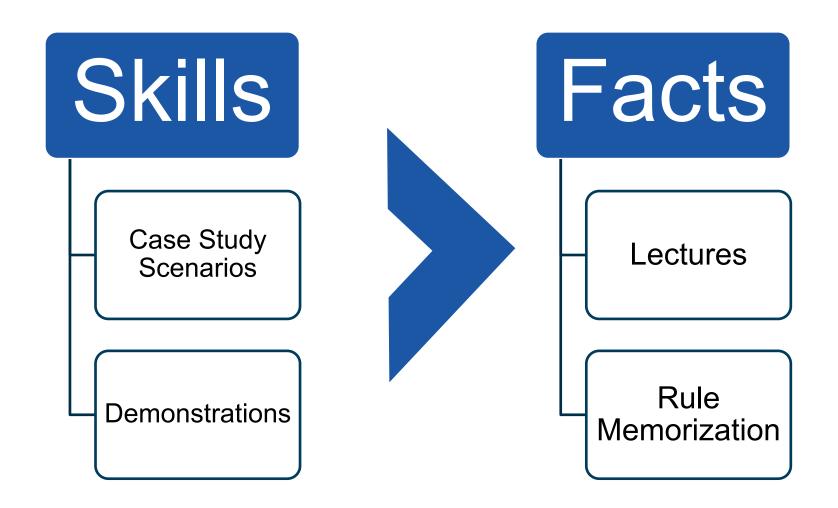
Training: Are We Solving a Can't or Won't Problem?



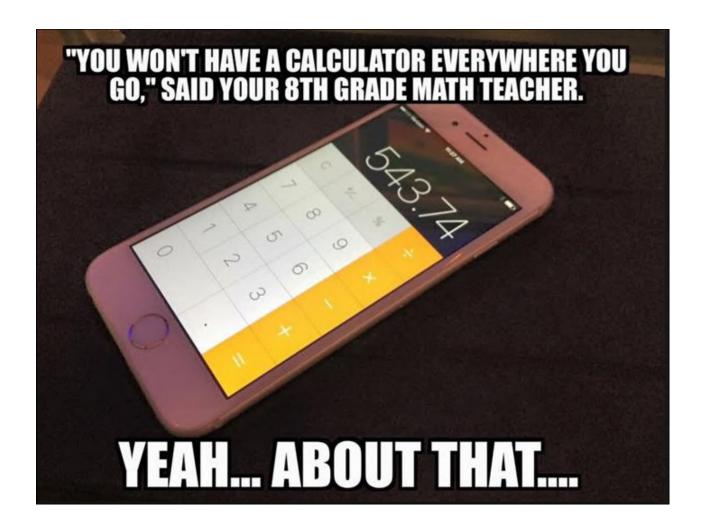
Safety & Health Training: Chunking & Microtraining



Training Styles Should Focus on Skills Over Facts



Facts Are Easily Accessible – You Might Get Tuned Out...



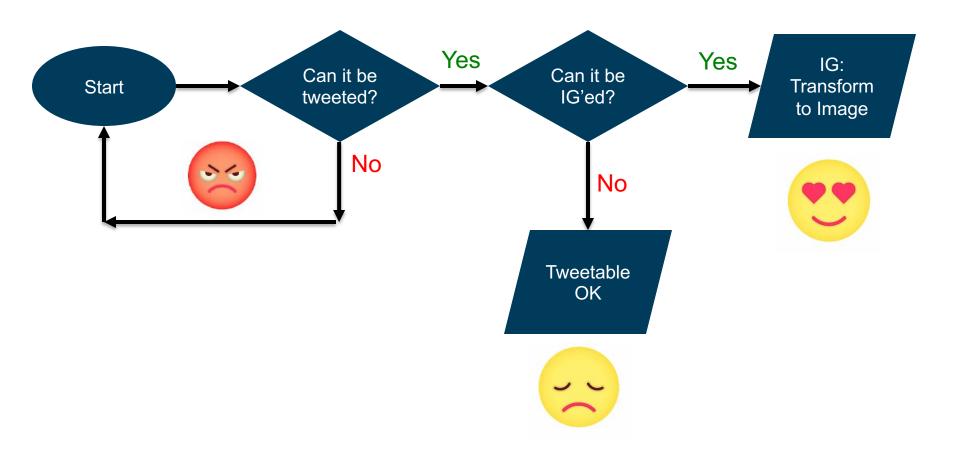
Example Skills Training: Bloodborne Pathogens

- Get fake blood on clearance after Halloween
- Put it on a paper plate or other surface
- Talk about the risks of that blood or OPIM if it were related to a workplace injury
- Have people touch the blood with a gloved hand and then remove their gloves without any of the blood touching the skin
- Use hand sanitizer to simulate hand washing if you don't have a sink nearby

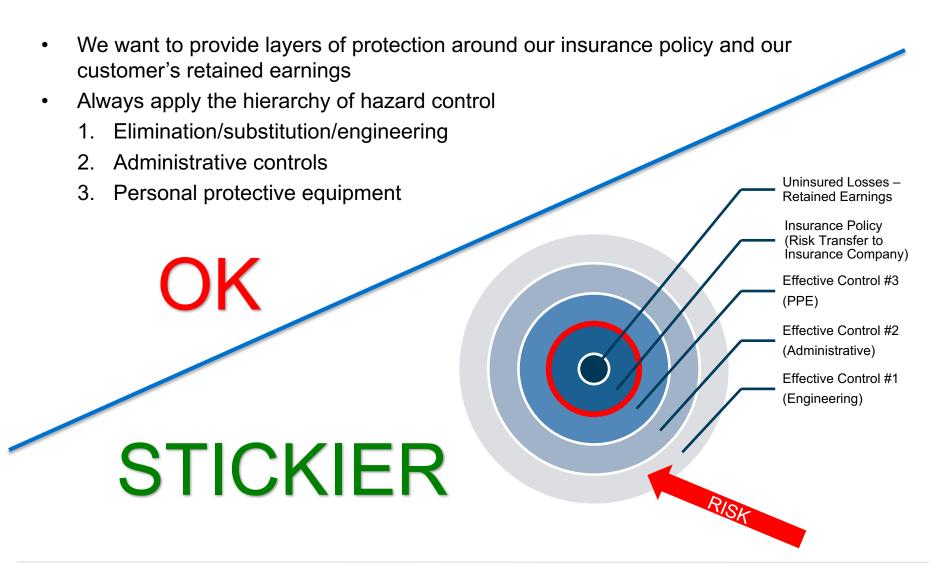




Murphy's PowerPoint Slide Algorithm

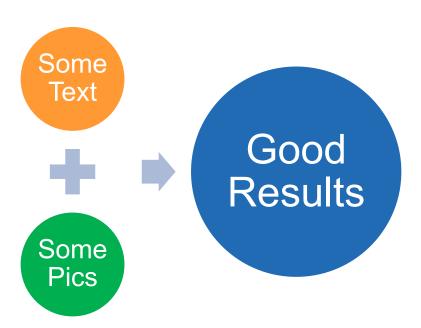


A Common Way of Presenting



Mix It Up

- Not every slide needs to have graphics
- Bullets and text are appropriate at times
- But pictures are better if suited for the content



SUBSCRIE

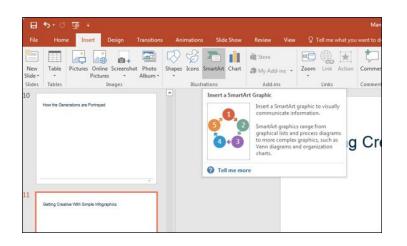
offered the opposite. After presenting these images, the team mixed in 48 new scenes, showed the entire set of 96, and then recorded whether the subjects remembered the originals. The color images, they found, made much longer-lasting impressions than did the black-and-white ones.

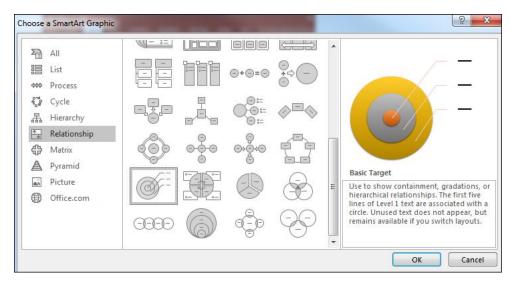
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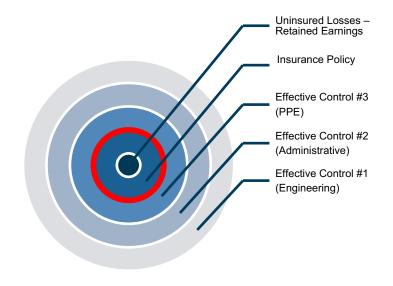
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Color Images More Memorable Than Black and White

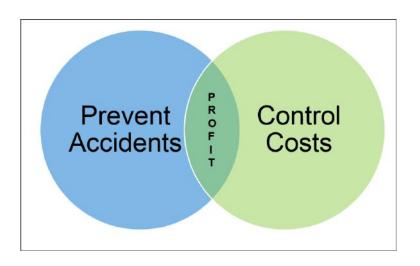
Getting Creative With Simple Infographics

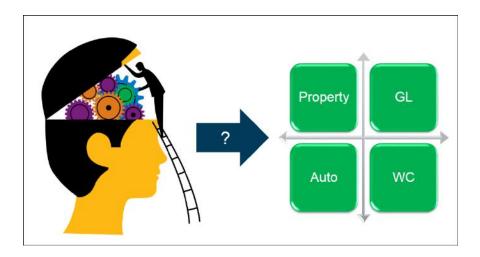


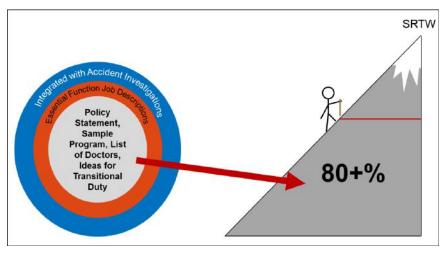


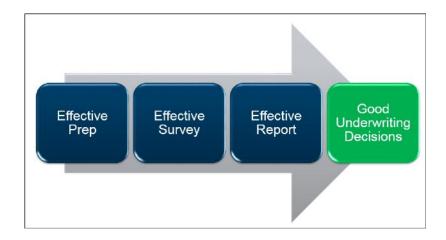


Other Examples of Communicating Through Graphics









Don't Be Afraid To Use PowerPoint for Non-Presentations

"Poor Man's" Infographic Software



· Sample forms and postings needed to

References to other resources that can be used for accident prevention Educational programs to allow LCS, U/W,

run the program

claims, etc. to "sell" SRTW

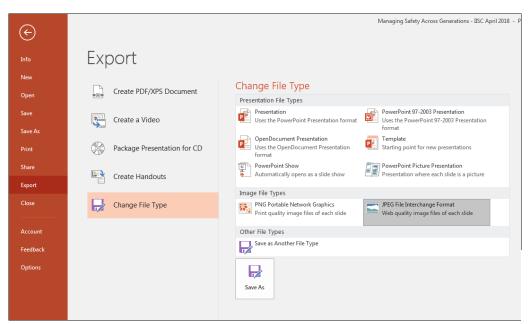
Safety Signs / Posters



DANGER

HIGH VOLTAGE

PowerPoint Slides Exported as JPEGs



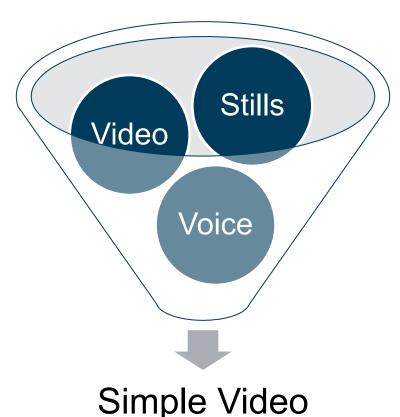






Microtraining: Short Learning Videos

- YouTube style training using nothing more than your iPhone
- Two-minute video can require <30 minutes to produce and you don't need more than YouTube tutorial to learn the iMovie process

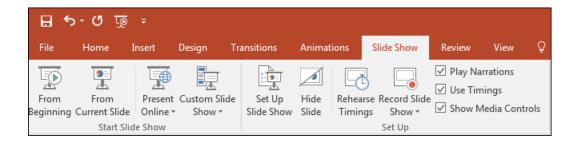


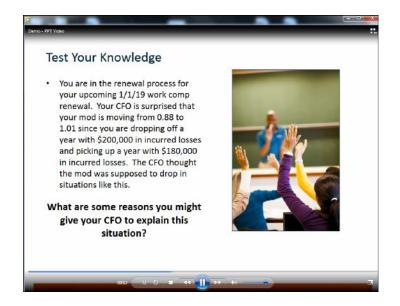


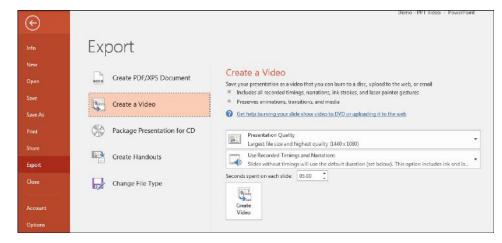
1:18 video
20 minute production time
Using only iMovie

Microlearning: Short Learning Videos

- Use Record Slide Show
- Export as Video
- Place mpeg-4 on your company intranet

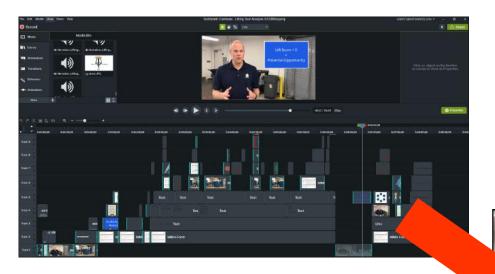






Microtraining: Short Learning Videos With Camtasia

- Similar to iMovie, but much easier to use on a computer than a phone
- License is about \$300 per user



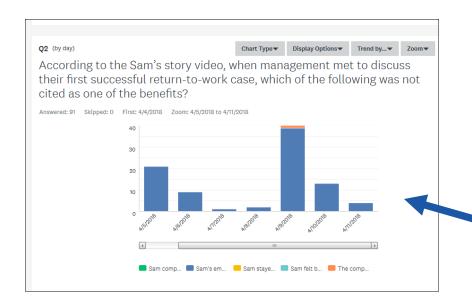
Add still photos, audio, screen captures, and video in layers on a timeline...

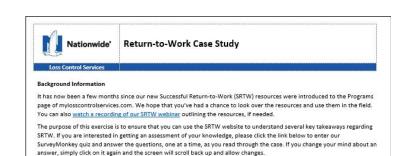
...then export the video to MP4 file, YouTube, or other services.



Microlearning: Spaced Repetition

- Reintroduce topics 2-4 weeks later with a "throwback Thursday"
 - Case study scenario
 - 5 minutes on your workplace floor, toolbox talk – "what would you do if..."
 - Quiz to test understanding
 - Free quiz maker now on SurveyMonkey





https://www.surveymonkey.com/r/SRTWCase

Please note – this is an open book quiz! We encourage you to navigate to the SRTW page and use it to ace the quiz, demonstrating your knowledge of the importance of SRTW in an overall workers' compensation risk management program. If you have any questions after taking the quiz, please contact your regionally assigned WC Consultant (Gregg Kloss or Phillip Maddox).

cenario

It's been a good week, and you don't expect things to be much different as you pull in to the parking lot of Supreme Graphics, in business (family owned and founded) since July 1996 and recently insured by Nationwide for property, commercial auto, GL (including products), and workers' comp. The risk is a custom print shop, much of their work being for universities (items like enrollment manuals, magazines, etc.) – all to customer specifications. The business operates with 54 employees: 45 production workers (a mix of machine operators, bindery workers, etc.), 5 office/clericals (3 of which are managers), 2 sales staff (both with off-site responsibilities), and 2 drivers. Total account premium is 5151.586.



On the workers' comp, Supreme has averaged (with their previous carrier) 11 claims per year each over last 4 years (9, 11, 10, 14) with average 571,000 incurred per year (5284,000 overall severity). Of the 44 claims, 30 are medial only and 14 involve lost-time. WC injury trends include: cuts (frequency - 60% of all injuries), sprain/strain/CTD and lifting injuries (severity - 83% of all WC costs). The process involves lots of repetitive motion and lifting, as shown in the photo above.



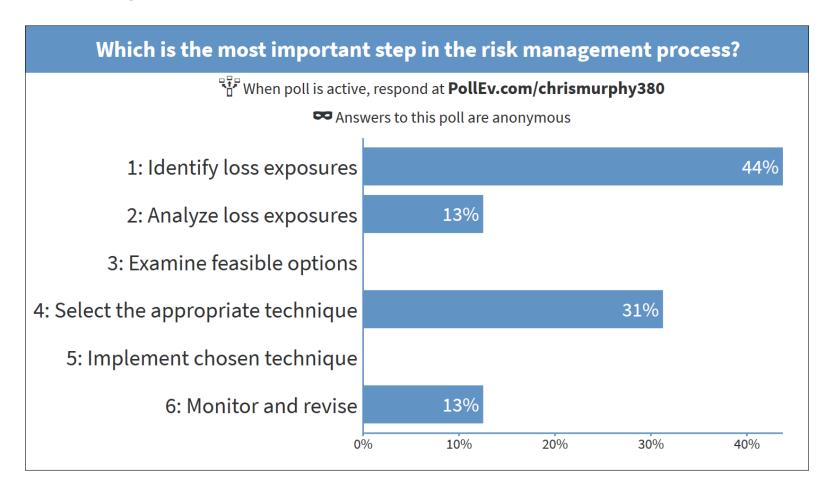
Based on the facts above, do you think an SRTW program is a good risk management control for Supreme to
put into place?

As you enter the building, you are set up with Katie Smith, the company safety director (who also wears other hats, including a role in product quality and process design). After some time, the discussion leads in the direction of SRTW. Katie mentions that she has two workers off with restrictions and that "the owner isn't thrilled, since our experience mod is creeping up and our premiums are \$50,000 higher than two years ago – even though business hasn't grown at all." Since Katie is at her desk, you decide to show her the Sam's story video (getting her registered for the mylosscontrolservices.com site in the process).



According to the Sam's story video, when management met to discuss their first successful return-to-work case, which of the following was <u>not</u> cited as one of the benefits?

Live Polling Leads to Great Discussion/Debate!



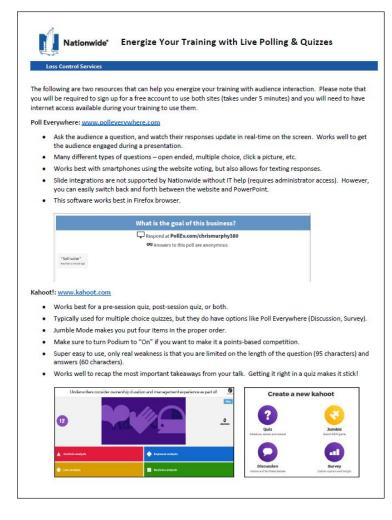
www.polleverywhere.com

Simple Engagement Tool: Kahoot!

- Electronic based quiz builder
- Podium feature "gamifies" the training



Seems to have converted to a pay service beyond free trial



Key Takeaway: Interaction through free services like PollEverywhere and Kahoot! can be a game-changer for otherwise quiet audiences.

Tips for Young Presenters and Experienced Workers

Focus on how the training helps make the job better *today* – find the "why"

Facilitate, don't just lecture

Get hands-on

Don't be afraid to try the "new" styles used in this program

Combining Multiple Ideas

- Hold a safety training contest pairing up multiple generations to:
 - Create a safety poster using Instagram/PowerPoint/other
 - Need not be workplace related risk is everywhere!
 - Create a 60-second safety video using only a smartphone
 - KNOWLEDGE TRANSFER!!!!!
 - Design a Kahoot! Quiz for an upcoming safety meeting
 - Present a short safety meeting

Key Takeaway: Engaging training that breaks the mold is appreciated by all generations. Make it fun, and it will be sticky.

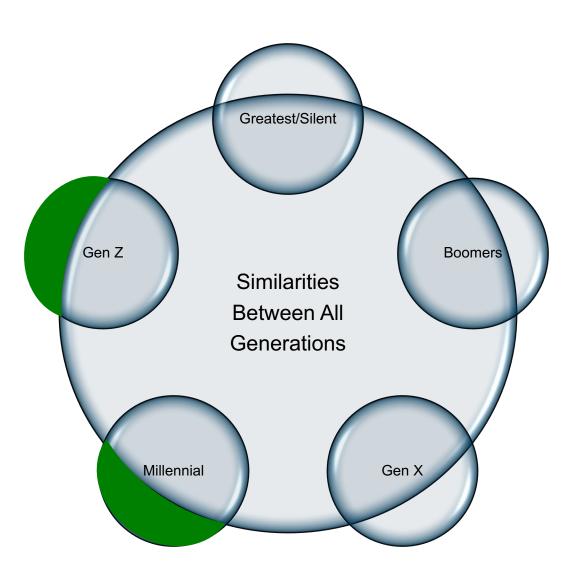
Session Recap

Key Insight:

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SIMPLIFYING.



Contact Information

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